

**FISHHAWK RANCH COMMUNITY DEVELOPMENT DISTRICT
PERSONAL FITNESS TRAINER REGISTRATION FORM**

Pursuant to the "Fishhawk Community Development District Rules and Rates For All Amenity Facilities" adopted March 16, 2009, Personal Trainers are permitted to accompany Fishhawk Ranch residents and eligible patrons (as defined in the Rules and Rates Document) to the Osprey Club Fitness Center if pre-approved by the District. In order to register as an approved Personal Fitness Trainer, please provide the following information and documents:

Name: _____

Address: _____

Primary Phone Contact #: _____

E-Mail: _____

DOCUMENTATION REQUIREMENTS:

- (1) Please attach a copy of your Personal Fitness Trainer Certification Information and/or Credentials.

- (2) You are required to have general liability insurance coverage for the conduct of your personal fitness training, with a minimum limit of \$1,000,000.00. Fishhawk Ranch Community Development District must be listed as an Additional Insured on your policy. Please attach a copy of your Insurance Policy Declarations page as proof of insurance for the above requirements.

FITNESS CENTER POLICIES

I have received a copy of, read and understand the Fitness Center Policies document and agree to abide by all established rules and policies.

I understand that the Fitness Center is for the exclusive use of Fishhawk Ranch Residents and Patrons as defined by the District, that children under the age of 16 are not permitted in the Fitness Center, guests other than registered Personal Fitness Trainers are not permitted in the Fitness Center, and only users with personally issued Fishhawk Ranch Amenity Access cards are permitted in the Fitness Center.

Signature

Date

OSPREY CLUB FITNESS CENTER POLICIES

All Patrons and guests using the Fitness Center are expected to conduct themselves in a responsible, courteous and safe manner in compliance with all policies and rules of the District governing the amenity facilities. Disregard or violation of the District's policies and rules and misuse or destruction of Fitness Center equipment may result in the suspension or termination of Fitness Center privileges. The District may pursue further legal action and restitution in regards to destruction of Amenity Facility property or equipment.

Please note the Fitness Center is an unattended facility. Persons using the facility do so at their own risk. Staff is not present to provide Personal Training or Exercise Consultation to Patrons or Guest. Persons interested in using the Fitness Center are encouraged to consult with a physician prior to commencing a fitness program.

- (1) **Hours:** The Fitness Center is open for use by Patrons during normal operating hours to be established and posted by the District.
- (2) **Emergencies:** All emergencies and injuries must be reported to the Amenity Staff as well as the District Manager at (813) 933-5571.
- (3) **Eligible Users:** Patrons and Guest sixteen (16) years of age and older are permitted to use the Fitness Center during designated operating hours. No one under the age of sixteen (16) is allowed in the Fitness Center at anytime. Patron or Guest must provide proof of age if requested by Staff to use the Fitness Center.
- (4) **Guest Policy:** Patrons are permitted to have one Guest in the Fitness Center per family.
- (5) **Food and Beverage:** Food (including chewing gum) is not permitted within the Fitness Center. Beverages, however, are permitted in the Fitness Center if contained in non-breakable containers with screw top or sealed lids. Alcoholic beverages are not permitted.
- (6) **Proper Attire:** Appropriate clothing and athletic footwear (covering the entire foot) must be worn at all times in the Fitness Center. Appropriate clothing includes t-shirts, tank tops, shorts (no jeans), and/or sweat suits (no swimsuits).
- (7) **General Policies:**
 - Each individual is responsible for wiping off fitness equipment after use.
 - Use of personal trainers is not permitted in the Fitness Center unless pre-approved by the District.
 - Hand chalk is not permitted to be used in the Fitness Center.
 - Radios, tape players and CD players are not permitted unless they are personal units equipped with headphones.

- Weights or other fitness equipment may not be removed from the Fitness Center.
- Please limit use of cardiovascular equipment to thirty (30) minutes and step aside between multiple sets on weight equipment if other persons are waiting.
- Please replace weights to their proper location after use.
- Free weights are not to be dropped and should be placed only on the floor or on equipment made specifically for storage of the weights.
- Any fitness program operated, established, and run by Amenity Staff may have priority over other users of the Fitness Center.